

Research Participants Wanted

My name is Dayna Y. Jondal, and I am conducting a research study to fulfill the requirements for the Doctor of Psychology (PsyD) degree in Clinical Psychology at The Chicago School.

The purpose of this study is to explore the relationship between *positive embodiment* (how people experience and relate to their bodies in positive ways) and *burnout* among mental health care providers.

You may participate in this study if you meet the following criteria:

- You are either a licensed mental health provider **OR** a graduate trainee/provisionally licensed provider (e.g., practicum student, intern, postdoctoral fellow).
- You are currently providing direct clinical services to clients/patients (either in person or via telehealth).
- You are at least 21 years old.
- You can read and understand English.
- You have access to an electronic device (phone, computer, tablet) to complete the surveys.

During this study, you will be asked to complete an online survey via Qualtrics, which includes a short demographic questionnaire and several standardized self-report measures (approximately 20–30 minutes total).

Participation will take place entirely online. As a thank-you, participants will be entered into a raffle for a chance to win one of two \$25 Amazon gift cards. If selected as a raffle winner, the gift card will be delivered electronically via email.

If you are interested, please click on the link below:

https://chicagoschool.qualtrics.com/jfe/form/SV_1AqVVQ53udL3o8e

If you have any questions, please contact me or my dissertation chair:

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