

Mid Atlantic Internship Consortium (MAIC)

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Site Descriptions For the 2027-2028 Training Year



TheChicagoSchool[®]

BASICS Counseling & Testing

7610 Pennsylvania Avenue, Ste. 203, Forestville, MD 20747

Internship Training Placements Available: 2

<https://www.basicsgrouppractice.com/>



About BASICS: BASICS Counseling & Testing (BASICS) is an independent, single-site practice serving Prince George's County (MD) and surrounding areas. We are committed to providing comprehensive, integrated, and evidence-based behavioral health and developmental services through a community-centered lens. Our holistic approach supports the physical, mental, spiritual, and emotional well-being of each

individual, grounded in core values of personal responsibility, family involvement, and community integration. The team comprises a diverse group of psychologists, social workers, and counselors. Our dual mission is to deliver high-quality psychological services to the community and to offer robust developmental experiences for psychology interns. Rooted in self-help and recovery principles, our staff provides a full continuum of community-based care.

Services Provided: BASICS offers a wide range of services, including individual counseling and psychotherapy, diagnostic psychological assessments, community support programs, psychoeducational services, anger management, and school-based interventions. We also provide education and prevention programming. Successful applicants to our training program should demonstrate multicultural awareness, strong engagement skills, and sensitivity to the needs of underserved populations.

Clients Served: We serve a diverse client population across the lifespan, including children, adolescents, and adults from various cultural and socioeconomic backgrounds. Clients present with a range of emotional, psychological, and behavioral concerns typical of outpatient mental health settings, such as anxiety, depression, PTSD, bipolar disorder, and trauma. Many also seek support for life transitions, relationship challenges, grief, and stress. Clients typically engage in weekly or bi-weekly psychotherapy over a sustained period. We accept commercial insurance, self-pay, and sliding scale fees. We also support individuals who are underinsured.

Direct Service, Supervision, and Training Activities: Our training model follows the Scientist-Practitioner approach, integrating clinical practice with current research to ensure evidence-based care. Interns provide individual therapy as a primary clinical responsibility, with additional opportunities for psychological assessment, consultation, and behavioral intervention. They receive weekly supervision from both Clinical and Testing Supervisors and participate in regular didactic seminars. Interns are also expected to provide supervision to others during the training year. The training program emphasizes culturally responsive care and supports the development of core competencies in diagnostic interviewing, assessment, psychotherapy, and consultation. By the end of the year, interns are expected to demonstrate levels of competency in these areas that are consistent with entry-level clinical psychologists.

Capitol Hill Consortium for Counseling and Consultation, LLC

650 Pennsylvania Avenue SE, Suite 440, Washington DC 20003

1400 Mercantile Lane, Suite 252, Upper Marlboro, MD 20774

[The Virginia office is relocating and will not have intern placement in 2027-2028]

Internship Training Placements Available: 4

<https://www.cccmentalhealth.com/>



About CCCC: Capitol Hill Consortium for Counseling & Consultation, LLC (CCCC) is a large multicultural and multidisciplinary group of dedicated psychologists, social workers, professional counselors, and marriage & family mental health clinicians. The team works collaboratively to provide holistic biopsychosocial assessments and uses psychoanalytic, cognitive, behavioral, systems, and humanistic orientations while offering state of the art practices. We tailor our therapy to support the unique challenges faced by our clients in their personal, interpersonal, educational, and professional lives and

provide psychological testing to make recommendations for challenges they are experiencing. CCCC operates as a group private practice with multiple locations: Capitol Hill/Eastern Market in Washington, DC, Upper Marlboro in Maryland, and northern Virginia. Telehealth services are also available. CCCC is dedicated to making high quality and culturally responsive mental health services accessible to the communities in which it is embedded. Services are covered by a wide array of insurance plans, and payment is also accepted through self-pay and sliding scale options.

Services Provided: CCCC offers a wide range of clinical services, including individual, couples, family, and group psychotherapy to a diverse clientele. Interns provide both in-person and remote therapy. We train interns in DBT and Gottman couples treatment to collaborate as adjunct therapists with couples. In addition, interns provide psychological testing including cognitive, neuropsychological, personality, and psychoeducational batteries. As a community-oriented practice, CCCC regularly engages in pro bono outreach activities such as mental health screenings at local health fairs and paid consultation for select organizations such as schools, non profits, and for-profit organizations.

Clients Served: CCCC provides services to clients across the lifespan, including children, adolescents, adults, geriatric populations, and couples from a variety of socioeconomic and life circumstances.

Direct Service, Supervision, and Training Activities: The Psychology Training Program at CCCC hosts externs, interns, and postdoctoral fellows, with an emphasis on professionalism, cultural diversity, and an ecological approach to the practice of psychology. We want our interns to have a range of opportunities to increase their skill level, comfort level, and confidence in making decisions about their future practice. Trainees are fully integrated into all functions of the practice. As interns provide psychotherapy, adjunct therapy, supervision, and psychological testing, they participate

in individual supervision for therapy and testing, group supervision, didactics, case presentations, a cohort support group, and consultation subject matter experts within the practice. Many of our interns choose to stay with us as postdoctoral fellows in order to deepen their sense of professional identity and pursue more specific paths of growth.

Fairfax Mental Health and Wellness

3554 Chain Bridge Road, Fairfax, VA 22030

Internship Training Placements Available: 4

<http://www.fairfaxpsych.com/>



About FMHW: Fairfax Mental Health and Wellness (FMHW) is an insurance-based practice serving Fairfax County, Virginia, and the surrounding communities. Because our licensed psychologists are PSYPACT credentialed, we also provide teletherapy services to clients across participating states.

FMHW offers comprehensive outpatient services, including individual, couples, and group therapy, neuropsychological, psychological, psychoeducational, and forensic evaluations, as well as medication management. We place a strong emphasis on providing high-quality services to children, adolescents, and families and highly value trainees who are passionate about working with pediatric populations. Interns have the opportunity to develop advanced competencies in both therapy and assessment while tailoring their training experience to their professional interests.

Services Provided: Therapy is a central component of our practice, with clinicians providing evidence-based treatment to children, adolescents, and adults presenting with a wide range of concerns, including ADHD, autism spectrum disorder, anxiety, depression, bipolar disorder, PTSD, OCD, behavioral concerns, adjustment difficulties, and family-related challenges. We are particularly committed to expanding access to high-quality child and adolescent therapy and seek interns who enjoy working with younger clients and their families. Our clinicians represent a variety of theoretical orientations, providing interns with exposure to diverse conceptualization and treatment approaches. We also have clinicians certified in Exposure and Response Prevention (ERP) and Cognitive Behavioral Therapy for Insomnia (CBT-I), and currently offer parent groups for families of children with ADHD.

Assessment is another integral component of FMHW. Interns receive extensive training in comprehensive neuropsychological, psychological, psychoeducational, and forensic evaluations across the lifespan. Neuropsychological evaluations commonly address ADHD, autism spectrum disorder (including training in and administration of the ADOS-2), processing concerns, learning differences, and language-based disorders. Psychological evaluations assess mood disorders, anxiety disorders, OCD, PTSD, psychotic disorders, personality functioning, and other DSM-5 conditions. We also conduct psychoeducational evaluations for academic concerns, fitness-for-duty evaluations, forensic evaluations, and pre-surgical psychological evaluations for spinal cord stimulators, bariatric surgery, IVF, and cosmetic procedures.

Our integrated medication management team works closely with therapists and psychologists to provide coordinated, multidisciplinary care. Interns collaborate regularly with psychiatric providers throughout the training year.

Clients Served: FMHW serves children as young as five years old, adolescents, adults, couples, and families. Because children and adolescents comprise a significant portion of our practice, interns can expect meaningful experience providing both therapy and assessment to pediatric populations while also working with adults across the lifespan.

Direct Service, Supervision, and Training Activities: Our internship is designed to build upon each intern's existing strengths while fostering continued growth through individualized supervision and mentorship. Interns participate in both therapy and assessment throughout the year and may tailor their caseload to emphasize either a therapy concentration (with a higher volume of therapy cases and fewer assessments) or a testing concentration (with a higher volume of assessments and fewer therapy cases), allowing them to create a training experience aligned with their career goals.

Supervision is provided through individual and group supervision with licensed clinical psychologists. Interns also participate in a structured supervision-of-supervision experience, providing supervision to another trainee while receiving guidance from a licensed psychologist. In addition to clinical training, FMHW offers didactic instruction on establishing and operating a successful private practice—an area often underrepresented in traditional doctoral training.

Many MAIC graduates have remained with FMHW as postdoctoral fellows and later as licensed psychologists. In fact, several of our current licensed psychologist supervisors completed their internship training with us through MAIC, creating a supportive training environment grounded in continuity, mentorship, and a strong understanding of the internship experience.

Integrated Psychology Associates of McLean, LLC

6845 Elm Street, Suite 507, McLean, VA 22101

Internship Training Placements Available: 2

<https://www.ipamclean.com>



**INTEGRATED PSYCHOLOGY
ASSOCIATES OF MCLEAN, LLC**

ABOUT IPA: Integrated Psychology Associates (IPA) of McLean is an outpatient, private-pay mental health practice providing services to patients primarily in McLean, Falls

Church, North Arlington, and Vienna (all in Virginia). Dr. Brosius, Co-Owner and Director of Assessment, is a trained neuropsychologist who often receives referrals for neuropsychological assessments with individuals who have both developmental and acquired difficulties. Almost all our patients have medication needs that are overseen by Eva Maria Theodosiadis, MD (Co-Owner and Medical Director).

Services Provided: We offer a range of therapy and assessment-based services. Our referrals come from a variety of sources and are often for neuropsychological or

psychological testing, or for specific therapies such as CBT, DBT, IPT, brief dynamic therapy, play therapy, and family therapy.

Clients Served: Although we primarily specialize in child and adolescent care, we also offer assessment and therapy services to adults. Patients present with a range of concerns within diagnostic categories, including: neurodevelopmental, neurocognitive, anxiety, depression, trauma, personality disorders, eating disorders, interpersonal challenges, etc.

Direct Service, Supervision, and Training Activities: At the start of the internship, interns will complete a week-long training experience that covers practice expectations regarding documentation and clinical notes, as well as the administration and scoring of various assessments, to build familiarity and competence in psychological and neuropsychological assessment. Throughout the year, interns will continue to learn and utilize a wide array of assessments, including cognitive, educational, attentional, executive functioning, memory, autism/adaptive functioning measures, and objective and projective testing measures. Interns also provide psychotherapeutic services, including consultative, intake, individual, family, and couples therapy sessions. Our doctoral internship will allow for exposure to all services under the supervision of our licensed clinical psychologists and consultation with our medical director. Interns will also develop their own supervisory skills by supervising our practicum student(s), providing peer supervision to one another, and receiving supervision for the supervision they provide. They will also receive consultation from our MD and LPC clinicians. Interns will be exposed to the business of psychological practice and are also expected to engage in community outreach and consultation with local schools and businesses. Finally, weekly individual and group supervision, didactic seminars, and staff meetings are required.

Mirror Mental Health

2110 Priest Bridge Drive, Ste 1 Crofton, MD 21114

Internship Training Placements Available: 3

<https://mirrormentalhealth.com/>



About Mirror: Mirror Mental Health is an interdisciplinary group private practice located in Crofton, Maryland, serving clients across the Washington, D.C. metro area. Our team is composed of psychologists, licensed clinical social workers, and professional counselors who are passionate about providing high-quality mental health care. We operate from a collaborative,

wellness-oriented model of care that emphasizes authenticity, reflection, and growth. Our clinicians draw from a variety of theoretical orientations, including Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), family systems, psychodynamic theory, and motivational interviewing. Mirror Mental Health is committed to creating a safe and inclusive space for both clients and clinicians, and we take a holistic, client-centered approach to supporting healing and personal development.

Services Provided: Mirror offers a wide range of services including individual therapy, couples and family therapy, group therapy, and comprehensive psychological assessments. Assessment services include cognitive, personality, educational, and health-related evaluations, such as bariatric and spinal cord stimulator assessments.

Clients Served: We serve a diverse client population across the lifespan, including children, adolescents, adults, and older adults. Clients present with a broad range of concerns, most commonly including anxiety, depression, trauma and PTSD, learning disabilities, mood disorders, and substance use. Our clinicians have experience working with military and Veteran populations, and we are committed to serving a diverse community inclusive of people of color, members of the LGBTQIA+ community, and individuals with complex mental health and life challenges. Services are primarily provided through private pay and insurance-based models.

Direct Service, Supervision, and Training Activities: Interns at Mirror Mental Health will engage primarily in individual, couples, and family therapy, with psychological testing typically scheduled once per month. Interns receive robust training and support through at least two hours of individual supervision with a licensed psychologist, one hour of supervision with a postdoctoral fellow, weekly group supervision with their intern cohort, and weekly didactic seminars and consultation with the broader Mirror team. Interns are expected to provide supervision to a master's- or doctoral-level trainee, typically beginning in the first half of the training year. In addition to clinical training, interns are offered opportunities to learn about the business aspects of private practice, including ethical billing, documentation, practice development, and professional identity formation. Afternoon and evening scheduling options are available to support both client care and intern flexibility. Mirror Mental Health fosters a collaborative, warm, and ethically grounded environment where interns are supported in becoming thoughtful, skilled, and confident clinicians.

Prince William Family Counseling

8140 Ashton Ave, Suite 200, Manassas, VA 20109

Internship Training Placements Available: 4

<https://www.pwfc.com/>



About PWFC: Prince William Family Counseling (PWFC) is one of two locations of the practice where clinicians have provided outpatient mental health care to community members in Prince William County (VA) and the surrounding areas since 1996. At our practice, we are committed to providing high-quality, comprehensive mental

health services that are accessible, inclusive, and rooted in clinical excellence. Our mission is to foster resilience, healing, and growth through compassionate, collaborative care that respects the individuality and dignity of every person we serve. We are equally dedicated to the training and development of future clinicians. Our internship program provides rigorous, hands-on experience in psychological assessment and psychotherapy.

Interns will have options for remote work, health insurance benefits, retirement packages, vacation time, and sick time.

Clients Served: Within our practice, we work with primarily insured clients but also with self-pay, sliding scale, and pro bono clients. Clients range in age, cultural and racial backgrounds, socioeconomic status, as well as present with a range of concerns within diagnostic categories including neurodevelopmental, neurocognitive, anxiety, depression, trauma (military service-related, personal), personality disorders, eating disorders, substance abuse, etc. As our office is very close to several military installations, we also serve a heavy military, veteran, and federal government population. Therapy groups include social skills, parenting, trauma-focused, military-focused, and LGBTQIA+ support.

Services Provided: We offer services including individual, group, couples, and family therapy, consultation, and psychoeducational workshops. In addition, our staff of licensed psychologists offer a full array of comprehensive evaluations including psychological, psychoeducational, neuropsychological, forensic, bariatric, pre-surgical, and employee readiness. Interns will learn and utilize an extensive library of cognitive, attentional, executive functioning, memory, adaptive functioning measures as well as objective and projective testing measures.

Direct Service, Supervision, and Training Activities: At the start of the internship, interns will complete an immersive week-long training experience in administration and scoring of well over 60 varied performative, subjective, and projective assessments to build familiarity and competence in psychological testing in preparation for being able to complete the testing process from intake to battery selection to administration/scoring, report writing, and feedback. Interns provide psychotherapeutic services including consultative, intake, individual, family, and couples therapy sessions. Interns can choose a therapy-focused or testing-focused experience, with the understanding that interns are expected to demonstrate competency in both areas to successfully complete internship. Interns have an opportunity to provide supervision to practicum students enrolled in doctoral programs (Basic, Intermediate, and Advanced) and masters programs (Clinical Mental Health Counseling and Social Work). Interns also will work alongside and in consultation with LPC, LCSW, and LMFT clinicians. We also have an exclusive partnership with a psychiatric practice, and interns learn to consult with MD's, PA's, and PMHNP's to better understand psychopharmacology. Our doctoral internship will allow for exposure to all services offered at the practice under supervision of our licensed clinical psychologists and clinical staff. Interns will also learn the business of psychology practice, including evidenced-based models of treatment and record-keeping, effective utilization review practices, and building a practice. Interns will have an opportunity for community outreach, as well as consultation with local schools and businesses. Interns are expected to participate in weekly individual and group supervision, didactic seminars, and staff meetings.