Research Participants Wanted

My name is Jovita Herrera, and I am conducting a research study to fulfill the requirements of a Doctoral degree in Applied Clinical Psychology at The Chicago School.

The purpose of this study is to explore how early-career psychologists experience, interpret and make meaning of self-care and professional wellness during the early stages of professional practice.

You may participate in this study if you:

- Are over the age of 18
- Hold a doctoral degree in psychology (PhD or PsyD)
- Have completed a doctoral degree within the last ten years
- Are licensed or pursuing licensure to practice in a U.S. State or territory.
- Currently provide clinical services in any professional setting (e.g. private practice, community agencies, governmental agencies)

You will be asked to engage in one 60 minute semi-structured audio recorded Zoom interview with cameras off to explore your experiences with self-care and professional wellness during the earliest stage in your professional development.

If you are interested and/or have any questions, please contact me as noted below.

Jovita Herrera, Principal Investigator

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Please pass this flyer on to anyone you feel may fit the study criteria.

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