ARE YOU A VETERAN?

Do you struggle with keeping up with your medication and doctor's appointments?

Would you like to set up goals but don't have the motivation to do so?

If you answer YES to any of these questions, then participating in this dissertation research study might interest you.

Information about the study...

The study aims to determine if the person who provides reinforcement for a behavior, in this case following up with medical treatment and setting goals, has an effect on the behavior. The study will be completed remotely using two phone apps. Participation will take around 8-10 weeks, and it will require your attendance to two virtual training sessions that will take about 1.5 to 2 hours each and audio and video will be recorded for these. You will need an accountability partner who will be participating with you in the study (a friend or a family member). You must have a cellphone or tablet, access to internet, an email account, and a printer (if you wish to print materials).

Eligibility

- Be a veteran
- Be 18+
- Be currently taking daily medications
- Currently have medical appointments
- Express intention to set treatment or lifestyle health goals
- Be able to identify a family member or friend as their partner
- Have a cellphone or tablet with access to internet
- Have an email account
- If wanting to print materials, have access to printer



Just for Veterans

SIGN UP

If you are interested in participating or would like more information contact:

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